VEGETARIAN MENU

4 - WEEK ROTATING MENU



CENTER:



ACAW Enterprise Childcare Food Service & Manufacturing

FOR QUESTIONS & CONCERNS : TEXT (609) 331 - 9460

		JUICE DELIVERY		REQ	UEST DELIVERY DAY			MILK DELIVERY						
		MONDAY			TUESDAY	1		WEDNESDAY	2		THURSDAY	3		FRIDAY
							Grains /			Grains /			Grains /	
						-	Meat / Alt	Bagel w/ eam Cheese	-	Meat / Alt	(W) Muffin, Banana	-	Meat / Alt	WG Cinnamon French Toast
						в	Veg/ Fruit MIIk	Whole Mill Milk	в	Veg/ Fruit Mllk	Fresh Fruit, Watermelon Whole Milk or 1 % Milk	в	Veg/ Fruit Mllk	Fresh Fruit, Oranges Whole Milk or 1 % Milk
										WIIK	WHOLE WIIK OF 1 70 WIIK		WIIK	WHOLE WIIK OF 1 70 WIIK
						Γ	sorry	We're		Meat / Alt	Veggie Chili		Meat / Alt	Dairy Free Mac & Cheese
							5%		4	Grain	WG Bun		Grain	WG Dinner Roll
								ing	-	Veg	Glazed Carrots	-	Veg	Brocolli
									l	Fruit	(C) Pineapple		Fruit	Peaches
						L/D		1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk
						Р-	Grain Fruit	(W)Cheese Crackers 100% Fruit Punch	Р	Grain Fruit	WG Maple Cracker 100% Fruit Punch	Р	Grain Fruit	WG Cracker, Vanilla 100% Fruit Punch
		JUICE DELIVERY		REO	UEST DELIVERY DAY	P-	Fruit	MILK DELIVERY	P	FIUIL	100% Fluit Pulich	F	FIUIL	100% Fluit Pulich
6		MONDAY	7	NEG	TUESDAY	8		WEDNESDAY	9		THURSDAY	10		FRIDAY
	Grains /	mondAl		Grains /	TOLOBAT		Grains /	NEBREODA		Grains /	monobar	10	Grains /	TRIBAT
	Meat / Alt	(W) Cereal, Corn Flakes		Meat / Alt	WG Waffle		Meat / Alt	English Muffin w/ Jelly	1	Meat / Alt	(W) Muffin, Corn		Meat / Alt	Yogurt , Flavored
	Veg/ Fruit	Fresh Fruit, Banana		Veg/ Fruit	Fresh Fruit, Canteloupe		Veg/ Fruit	Fresh Fruit, Apple Slices	4	Veg/ Fruit	Fresh Fruit, Watermelon	-	Veg/ Fruit	Fresh Fruit, Oranges
В	Milk	Whole Milk or 1 % Milk	В	Milk	Whole Milk or 1 % Milk	В	Mllk	Whole Milk or 1 % Milk	В	Mllk	Whole Milk or 1 % Milk	В	Mllk	Whole Milk or 1 % Milk
	Meat / Alt	BBQ Meatball Veggie Meatballs		Meat / Alt	Veggie Casserole Tofu, Protien		Meat / Alt	Veggie Burger		Meat / Alt	Sweet & Sour Chick'n Veg Chick'n Breast		Meat / Alt	Cheese Flatbread Pizza DF Mozzarella Cheese
	Grain	WG Pasta		Grain	WG Pasta]	Grain	WG Bread]	Grain	Brown Rice]	Grain	WG Flatbread Pizza
	Veg	String Beans		Veg	Cauiliflower Medley		Veg	Sweet Corn		Veg	Glazed Carrots		Veg	Brocolli
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Peaches
L/C	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk
	Grain	(D) String Cheese & Crackers		Grain	(W) Sweet Potato Cracker		Grain	(W) Graham Crackers	4	Grain	(W) Original Animal Cracker	-	Grain	WG Cracker, Cinnamon Chrurro
Ρ	Fruit	100% Fruit Punch	Ρ	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	P	Fruit	100% Fruit Punch
10		JUICE DELIVERY		REQ	UEST DELIVERY DAY			MILK DELIVERY	10			4-		
13	Grains /	MONDAY	14	Grains /	TUESDAY	15	Grains /	WEDNESDAY	16	Grains /	THURSDAY	17	Grains /	FRIDAY
	Meat / Alt	(W) Cereal, Rice Crispies		Meat / Alt	WG Pancakes		Meat / Alt	Bagel w/ Cream Cheese		Meat / Alt	(W) Muffin, Blueberry		Meat / Alt	WG Cinnamon French Toast
	Veg/ Fruit	Fresh Fruit, Banana		Veg/ Fruit	Fresh Fruit, Canteloupe]	Veg/ Fruit	Fresh Fruit, Apple Slices]	Veg/ Fruit	Fresh Fruit, Watermelon]	Veg/ Fruit	Fresh Fruit, Oranges
в	Mllk	Whole Milk or 1 % Milk	в	Mllk	Whole Milk or 1 % Milk		Mllk	Whole Milk or 1 % Milk	в	Mllk	Whole Milk or 1 % Milk	в	Mllk	Whole Milk or 1 % Milk
		Marinara Pasta			Veggie Taco									D · D · D
	Meat / Alt	Veggie Sausage WG Pasta		Meat / Alt Grain	Veggie Sausage Crumbles WG Tortilla Wrap	1	Meat / Alt Grain	Veggie Hummus Wraps WG Tortilla Wrap	-	Meat / Alt Grain	Veggie Meatball WG Dinner Roll	-	Meat / Alt	Dairy Free Mac & Cheese WG Pasta
	Grain Veg	String Beans		Veg	Lettuce / Tomato Salsa	1	Veg	Tossed Salad w/ Dressing	1	Veg	Mashed Potato	-	Grain Veg	Brocolli
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail	1	Fruit	(C) Pineapple		Fruit	Peaches
		1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk
	Grain	(D) String Cheese & Crackers		Grain	(W) Cinnamon Apple		Grain	(W) Cheese Crackers		Grain	WG Maple Cracker		Grain	WG Cracker, Vanilla
Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	P-	Fruit	100% Fruit Punch	P-	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch
		JUICE DELIVERY		REQ	UEST DELIVERY DAY			MILK DELIVERY						
20		MONDAY	21		TUESDAY	22		WEDNESDAY	23		THURSDAY	24		FRIDAY
	Grains /			Grains /	14/O 14/-#I-		Grains /	English M. King/ Jally		Grains /	(10) M. (5- 0		Grains /	Versut Elsured
	Meat / Alt	(W) Cereal, Rice Crispies Fresh Eruit		Meat / Alt Veg/ Fruit	WG Waffle Fresh Fruit, Canteloupe	1	Meat / Alt Veg/ Fruit	English Muffin w/ Jelly Fresh Fruit, Apple Slices	1	Meat / Alt Veg/ Fruit	(W) Muffin, Corn Fresh Fruit, Watermelon	-	Meat / Alt Veg/ Fruit	Yogurt , Flavored Fresh Fruit, Oranges
в	NAM		в	Mllk	Whole Milk or 1 % Milk	в	Mllk	Whole Milk or 1 % Milk	в	Mllk	Whole Milk or 1 % Milk	в	Mllk	Whole Milk or 1 % Milk
1	vd-V	Ne're	_		Veggie Casserole	-		Grilled Cheese				-		BBQ Chicken Flatbread Pizza
	sorry V			Meat / Alt	Tofu, Protien		Meat / Alt	Cheddar Cheese	4	Meat / Alt	Veggie Chic'n Nuggets		Meat / Alt	Chicken Breast / Mozzarella
				Grain	WG Pasta	-	Grain	WG Bread	-	Grain	WG Dinner Roll	-	Grain	WG Flatbread Pizza
		USUD		Veg	Cauiliflower Medley	-	Veg	Sweet Corn	-	Veg	Sweet Potatoes	-	Veg	Brocolli
	N ASUL	10/ an Whata Mills		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Peaches
	Milk Grain	1% or Whole Milk (D) String Cheese & Crackers	L/D P	Milk Grain	1% or Whole Milk (W) Sweet Potato Cracker	L/D	Milk Grain	1% or Whole Milk (W) Graham Crackers	L/D	Milk Grain	1% or Whole Milk (W) Original Animal Cracker	L/D	Milk Grain	1% or Whole Milk WG Cracker, Cinnamon Chrurro
Р	Fruit	100% Fruit Punch	ſ	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch
		JUICE DELIVERY			UEST DELIVERY DAY			MILK DELIVERY		alt			an	
27		MONDAY	28		TUESDAY	29		WEDNESDAY	30		THURSDAY	31		FRIDAY
	Grains /			Grains /			Grains /			Grains /			Grains /	
	Meat / Alt			Meat / Alt	WG Pancakes		Meat / Alt	Bagel w/ Cream Cheese	-	Meat / Alt	(W) Muffin, Banana		Meat / Alt	WG Cinnamon French Toast
	Veg/ Fruit	Fresh Fruit, Banana		Veg/ Fruit	Fresh Fruit, Canteloupe	-	Veg/ Fruit		-	Veg/ Fruit	Fresh Fruit, Watermelon	-	Veg/ Fruit	Fresh Fruit, Oranges
В	Mllk	Whole Milk or 1 % Milk	В	Milk	Whole Milk or 1 % Milk	В	Mllk	Whole Milk or 1 % Milk	В	Mllk	Whole Milk or 1 % Milk	В	Mllk	Whole Milk or 1 % Milk
	Meat / Alt	<i>Marinara Pasta</i> Veggie Sausage		Meat / Alt	Ricotta / Basil / Tomato Pasta		Meat / Alt	Veggie Hummus Wraps		Meat / Alt	Veggie Chili		Meat / Alt	Dairy Free Mac & Cheese
	Grain	WG Pasta		Grain	WG Pasta	1	Grain	WG Tortilla Wrap	1	Grain	WG Bun	1	Grain	WG Dinner Roll
	Veg	String Beans		Veg	Cauliflower Medley]	Veg	Tossed Salad w/ Dressing]	Veg	Glazed Carrots]	Veg	Brocolli
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Peaches
L/C	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk
	Grain	(D) String Cheese & Crackers		Grain	(W) Cinnamon Apple		Grain	(W)Cheese Crackers	-	Grain	WG Maple Cracker	-	Grain	WG Cracker, Vanilla
Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	P-	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch

DAIRY FREE MENU

4 - WEEK ROTATING MENU

MONTH: YEAR : JANUARY 2025







ACAW Enterprise Childcare Food Service & Manufacturing

FOR QUESTIONS & CONCERNS : TEXT (609) 331 - 9460

	J	UICE DELIVERY		REQ	UEST DELIVERY DAY			MILK DELIVERY						
		MONDAY			TUESDAY	1		WFDNESDAY	2		THURSDAY	3		FRIDAY
							Grains / Meat / Alt	Bagel w/ Crear Cheese		Grains / Meat / Alt	(W) Muffin, Banana		Grains / Meat / Alt	WG Cinnamon French Toast
						1	Veg/ Fruit	Ereck 5 Slices		Veg/ Fruit	Fresh Fruit, Watermelon	1	Veg/ Fruit	Fresh Fruit, Oranges
								Je're Milk	в	Milk	Whole Milk or 1 % Milk	в	Milk	Whole Milk or 1 % Milk
						1 4	and V				Beef / Veggie Chili			
						1	M	<u>(raps</u>		Meat / Alt	Ground Beef		Meat / Alt	Dairy Free Mac & Cheese
						1		UND	_	Grain	Brown Rice		Grain	WG Dinner Roll
							Fruit	(C) Fruit Cocktail		Veg Fruit	Mixed Vegetable		Veg Fruit	Brocolli Peaches
						L/D	Milk	1% or Whole Milk	L/D	Milk	(C) Pineapple 1% or Whole Milk	L/D	Milk	1% or Whole Milk
						270	Grain	(W)Cheese Crackers		Grain	WG Maple Cracker		Grain	WG Cracker, Vanilla
						Р-	Fruit	100% Fruit Punch	- Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch
	J	UICE DELIVERY		REQ	UEST DELIVERY DAY			MILK DELIVERY						
6		MONDAY	7		TUESDAY	8		WEDNESDAY	9		THURSDAY	10		FRIDAY
	Grains / Meat / Alt	(W) Cereal, Corn Flakes		Grains / Meat / Alt	WG Waffle		Grains / Meat / Alt	English Muffin w/ Jelly		Grains / Meat / Alt	(W) Muffin, Corn		Grains / Meat / Alt	Yogurt , Flavored
	Veg/ Fruit	Fresh Fruit, Banana		Veg/ Fruit	Fresh Fruit, Canteloupe		Veg/ Fruit	Fresh Fruit, Apple Slices		Veg/ Fruit	Fresh Fruit, Watermelon		Veg/ Fruit	Fresh Fruit, Oranges
в	Mllk	Whole Milk or 1 % Milk	в	Mllk	Whole Milk or 1 % Milk	в	Milk	Whole Milk or 1 % Milk	в	Milk	Whole Milk or 1 % Milk	в	Milk	Whole Milk or 1 % Milk
	Meat / Alt	BBQ Meatball Veggie Meatballs		Meat / Alt	Veggie Casserole		Meat / Alt	Veggie Burger		Meat / Alt	Sweet & Sour Chicken Chicken Breast		Meat / Alt	Cheese Flatbread Pizza DF Mozzarella Cheese
	Grain	WG Dinner Roll		Grain	WG Pasta	1	Grain	WG Bread	_	Grain	Brown Rice		Grain	WG Flatbread Pizza
	Veg	String Beans		Veg	Cauiliflower Medley	1	Veg	Sweet Corn		Veg	Glazed Carrots		Veg	Brocolli
	Fruit	Pears	1	Fruit	(C) Mandarin Oranges	1	Fruit	(C) Fruit Cocktail		Fruit	(C) Pineapple		Fruit	Peaches
L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk
	Grain	(D) String Cheese & Crackers		Grain	(W) Sweet Potato Cracker		Grain	(W) Graham Crackers		Grain	(W) Original Animal Cracker		Grain	WG Cracker, Cinnamon Chrurro
Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch
40	J			REQ	UEST DELIVERY DAY	45		MILK DELIVERY WEDNESDAY	10			47		
13	Grains /	MONDAY	14	Grains /	TUESDAY	15	Grains /	WEDNESDAY	16	Grains /	THURSDAY	17	Grains /	FRIDAY
	Meat / Alt	(W) Cereal, Rice Crispies	-	Meat / Alt	WG Pancakes	4	Meat / Alt	Bagel w/ Cream Cheese		Meat / Alt	(W) Muffin, Blueberry		Meat / Alt	WG Cinnamon French Toast
	Veg/ Fruit	Fresh Fruit, Banana	-	Veg/ Fruit	Fresh Fruit, Canteloupe	-	Veg/ Fruit	Fresh Fruit, Apple Slices	_	Veg/ Fruit	Fresh Fruit, Watermelon		Veg/ Fruit	Fresh Fruit, Oranges
В	Mllk	Whole Milk or 1 % Milk	В	Mllk	Whole Milk or 1 % Milk		Mllk	Whole Milk or 1 % Milk	В	Milk	Whole Milk or 1 % Milk	В	Milk	Whole Milk or 1 % Milk
	Meat / Alt	Marinara Pasta Veggie Sausage		Meat / Alt	Taco Tuesday Ground Beef		Meat / Alt	Veggie Hummus Wraps		Meat / Alt	Salisbury Steak		Meat / Alt	Dairy Free Mac & Cheese
	Grain	WG Pasta		Grain	WG Tortilla Wrap		Grain	WG Tortilla Wrap		Grain	WG Dinner Roll		Grain	WG Dinner Roll
	Veg	String Beans		Veg	Tomato Salsa / Lettuce		Veg	Tossed Salad w/ Dressing		Veg	Mashed Potato		Veg	Brocolli
	Fruit	Pears		Fruit	(C) Mandarin Oranges		Fruit	(C) Fruit Cocktail	_	Fruit	(C) Pineapple		Fruit	Peaches
L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk
	Grain	(D) String Cheese & Crackers		Grain	(W) Cinnamon Apple	-	Grain	(W) Cheese Crackers		Grain	WG Maple Cracker		Grain	WG Cracker, Vanilla
Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	P-	Fruit	100% Fruit Punch	P-	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch
20	J	UICE DELIVERY MONDAY	21	REQ	UEST DELIVERY DAY TUESDAY	22		MILK DELIVERY WEDNESDAY	23		THURSDAY	24		FRIDAY
	Grains /			Grains /	WO W //		Grains /	F (1)		Grains /			Grains /	
	Meat / Alt	(W) Cere Corn Flakes	-	Meat / Alt	WG Waffle	-	Meat / Alt	English Muffin w/ Jelly	_	Meat / Alt	(W) Muffin, Corn		Meat / Alt	Yogurt , Flavored
в	Veg/ Fruit	Fresh Fruit, Bagana	в	Veg/ Fruit Mllk	Fresh Fruit, Canteloupe Whole Milk or 1 % Milk	в	Veg/ Fruit Mllk	Fresh Fruit, Apple Slices Whole Milk or 1 % Milk	в	Veg/ Fruit Mllk	Fresh Fruit, Watermelon Whole Milk or 1 % Milk	в	Veg/ Fruit Mllk	Fresh Fruit, Oranges Whole Milk or 1 % Milk
	IVILLE	VIIIX	В	IVIIIK	WHOLE WIIK OF 1 76 WIIK	В	IVIIIK	WHOLE WIIK OF 1 78 WIIK		IVIIIK	WHOLE WIIK OF 1 76 WIIK	В	IVIIIK	BBQ Chicken Flatbread Pizza
	corry	We're		Meat / Alt	Turkey Burger	-	Meat / Alt	Veggie Burger	_	Meat / Alt	Chicken Tenders		Meat / Alt	Chick'n Breast / DF Mozzarella
		INKAD —	-	Grain	WG Hamburger Bun	-	Grain	WG Bread		Grain	WG Breading (Tenders)		Grain	WG Flatbread Pizza
	\mathbf{A}		-	Veg	Sweet Corn	-	Veg	Sweet Corn		Veg	Glazed Carrots		Veg	Brocolli
				Fruit	(C) Mandarin Oranges	1	Fruit	(C) Fruit Cocktail	-	Fruit	(C) Pineapple		Fruit	Peaches
L/D	WIIK	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D		1% or Whole Milk	L/D	Milk	1% or Whole Milk
Р	Grain	(D) String Cheese & Crackers	Р	Grain	(W) Sweet Potato Cracker 100% Fruit Punch		Grain	(W) Graham Crackers	- Р	Grain	(W) Original Animal Cracker		Grain	WG Cracker, Cinnamon Chrurro
	Fruit	100% Fruit Punch		Fruit REQ	UEST DELIVERY DAY	Р	Fruit	100% Fruit Punch MILK DELIVERY	P	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch
27		MONDAY	28		TUESDAY	1		WEDNESDAY	2		THURSDAY	3		FRIDAY
	Grains / Meat / Alt	(W) Cereal, Rice Crispies		Grains / Meat / Alt	WG Pancakes		Grains / Meat / Alt	Bagel w/ Cream Cheese		Grains / Meat / Alt	(W) Muffin, Banana		Grains / Meat / Alt	WG Cinnamon French Toast
	Veg/ Fruit	Fresh Fruit, Banana		Veg/ Fruit	Fresh Fruit, Canteloupe		Veg/ Fruit	Fresh Fruit, Apple Slices		Veg/ Fruit	Fresh Fruit, Watermelon		Veg/ Fruit	Fresh Fruit, Oranges
в	Milk	Whole Milk or 1 % Milk	в	Milk	Whole Milk or 1 % Milk	в	Milk	Whole Milk or 1 % Milk	в	Milk	Whole Milk or 1 % Milk	в	Milk	Whole Milk or 1 % Milk
	Moot / All	Marinara Pasta		Maati	Ricotta / Basil / Tomato		Maat	Vannia Uur-		Mont / All	Beef / Veggie Chili		Mont / All	Deimi Free March Obarra
	Meat / Alt	Veggie Sausage	-	Meat / Alt	Pasta	1	Meat / Alt	Veggie Hummus Wraps	_	Meat / Alt	Ground Beef		Meat / Alt	Dairy Free Mac & Cheese
	Grain	WG Pasta	1	Grain	WG Pasta	1	Grain	WG Tortilla Wrap	-	Grain	Brown Rice		Grain	WG Dinner Roll Brocolli
	Veg Fruit	String Beans Pears	1	Veg Fruit	Cauliflower Medley (C) Mandarin Oranges	1	Veg Fruit	Tossed Salad w/ Dressing (C) Fruit Cocktail	-	Veg Fruit	Mixed Vegetable (C) Pineapple		Veg Fruit	Brocolli Peaches
L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D	Milk	1% or Whole Milk	L/D		1% or Whole Milk	L/D	Milk	1% or Whole Milk
2,0	Grain	(D) String Cheese & Crackers		Grain	(W) Cinnamon Apple		Grain	(W)Cheese Crackers	2,0	Grain	WG Maple Cracker		Grain	WG Cracker, Vanilla
Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	Р-	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch	Р	Fruit	100% Fruit Punch
												-	····	